Catechetical Sunday 2026

"The Spirit of the Lord is upon me… to bring good news to the poor" (Lk 4:18; cf. Is 61:1) reveals Jesus' mission and identity. Anointed by the Holy Spirit, he is sent to bring hope, healing, and freedom; especially to the poor, the brokenhearted, and the forgotten.

Sacred Heart's ministries to bring hope, healing, freedom, and good news include:

Bible Studies – Fall studies on the Gospel of Luke: "The Story of Salvation Fulfilled" by Ascension Press. Eight sessions for women held on Monday evenings; Eight sessions on Tuesday mornings for adults. Visit https://www.sacredheartlaplata.org/fall-2026-bible-study.html

Confraternity of the Most Holy Rosary - 10th Annual Mission – October 5-7. This year's theme, "Why Pray the Rosary", visit https://www.sacredheartlaplata.org/confraternity-of-the-most-holy-rosary.html

Family Faith Formation – Classes held twice a month on Sunday mornings 10:30-11:30 a.m. Visit https://www.sacredheartlaplata.org/pope-st-john-xxiii-family-based-catechetical-program.html

Men's Group (Sacred Heart) – Meets every Saturday morning 7:00-8:30 a.m. in the Friendship Room for coffee, donuts and discussion on the Sunday readings led by a priest or deacon. Call Karl Prigge, 202-277-0203.

Men's Group (St. Catherine's) - Meets the 2nd Saturday of the month in the Cooper Room at St. Catherine's Hall and focuses on discussing scripture alongside the daily challenges of being a Christian man in modern society. Call Chris Gilbert, 301-751-9524.

Men's and Women's Retreats – Held at Loyola Retreat House, Men's retreat held in December and Women's Retreat in January. Visit https://thedeeperdivepodcast.com/

OCIA (Order of Christian Initiation for Adults) – Classes held Sunday mornings 10:30-11:30 a.m. Visit https://www.sacredheartlaplata.org/ocia.html

Young Adult Group (Ages 18-35) – Holds various events throughout the year to encourage fellowship and discipleship. Join September 22nd, 6:30 p.m. at the IHM House, for summer potluck. Visit https://www.sacredheartlaplata.org/young-adult-group-yag.html

Youth Group – A variety of opportunities to grow in faith and fellowship, including Youth Nights (1st Saturdays, Sept. - May), Bible Studies (Wednesdays in Oct.), Bonfires, Retreats, Movie Nights, Bowling, & More. Visit https://www.sacredheartlaplata.org/youth-ministry.html

FORMED - A faith formation platform that guides and supports Catholics along their spiritual journey. Visit the link at the bottom of our home page - https://www.sacredheartlaplata.org/